

WOMEN! LEARN THE MOVES OF XC SKIING! SKATE & CLASSIC!



Our women's xc ski clinic is still on!

Saturday Dec 8th thru Sunday Dec 9th

With or without snow~ there will be plenty of workouts / chocolate / cookies / wine and fun!

Located in Seeley Wisconsin- the clinic has been happening for the past 8 years. Arrive Friday night, stay at a friend's cabin or at Lenroot Lodge (behind our meeting place at MooseLips) and plan for a Saturday and ½

of Sunday of fun and laughter with ALL ages of women! Everyone is welcome! All abilities for either classic or skate! If low snow, we will make you sore and hungry with Pole Hiking and Specific Ski strength workouts!

Questions? Email Jan at gearwest@gearwest.com

See <http://www.gearwest.com/product/2012-women%27s-xc-clinic/400465/1922829/1884317>