



<http://www.duluthxc.com/nordic-spirit>
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Despite the unseasonably warm weather, the course has held up quite well and there is still excellent coverage. As of yesterday afternoon there is about 5-6" of packed based and there are no dirt spots or rocks exposed on the course at Spirit Mountain. There are a couple of rocks at Magney but these are easily avoidable and will be marked. As of now, race is still on for January 29. We will reassess conditions mid next week but at this point we are still a go!

Go to <http://www.duluthxc.com/nordic-spirit> and register today!

For race updates, like us on Facebook!



The LSC Nordic Spirit Ski Race is a program of the Duluth Cross-Country Ski Club, a community-based not-for-profit organization founded in 2004 to promote healthy lifestyles, fitness, and fun through cross-country skiing. Learn more by visiting <http://duluthxc.com>.

