



# U.S. Paralympics Nordic Coaches Education Clinic



Join U.S. Paralympics and U.S. Paralympics Nordic National Team coaches at an adaptive coaches clinic aimed to facilitate growth of Paralympic Nordic athletes and programming throughout the Midwest.

**Who:** Nordic Coaches, volunteers, adaptive sport coordinators/instructors, parents, Nordic skiers and anyone interested in learning more about Paralympic Nordic Skiing



**Date/Time:** Sunday, Dec 11, 9 am. – 4 pm  
Please arrive 15 minutes prior for check-in

**Location:**

AM session: Boulder Nordic Sport 8929 Penn Ave S. Bloomington, MN 55431

PM: on snow portion

Hyland Park Reserve, Jan's Place

10145 Bush Lake Rd, Bloomington MN 55438

\*2pm – 4pm open ski practice for regional adaptive athletes

**Please register at:** <https://www.zapevent.com/reg/event/12136>

**Purpose and Goals of the Training:**

- To provide best practices in coaching standing, sitting and visually impaired adaptive athletes in Nordic skiing, including guiding visually impaired athletes
- To facilitate the connection of U.S. Paralympics Nordic to Nordic coaches and Paralympic partners for the purpose of athlete development and future collaborations
- To provide an opportunity for local and regional coaches to become familiar in the latest developments in equipment and technique in adaptive skiing.
- To provide area Nordic coaches the knowledge and resources for athlete development in Paralympic Nordic

