

**RCBC Information and Registration Meeting
Thursday, April 13 from 7-8 PM
Freedom Park, 2121 14th St. NW
New Brighton, MN**

Rice Creek Boat Club (RCBC), a youth paddling club for middle- and high school aged based at Long Lake Beach in New Brighton, is pleased to announce its 2017 season.

For the past 10 years, RCBC has been introducing youth to the paddle sports. Whether you want to learn recreational paddling or serious racing, RCBC is for you!

This is a fabulous summer opportunity to learn to paddle and enjoy great cross training for other sports. And because it's so much fun, kids will get into shape without even realizing it!

CLASSES ARE NOW FORMING INCLUDING.

- Marathon canoe/kayak
- Olympic-style sprint canoe and kayak
- NEW THIS YEAR: Stand Up Paddle Board (SUP)

**Go to our website Paddlercbc.org to see the course offerings.

COACH BIOS:

Top Minnesota adult paddlers and coaches teach the paddling and racing techniques.

- **Holly Lammert**, Head Sprint coach is a lifelong paddler, who coaches several youth sports. She teaches high school biology and an Ironman triathlete and Nordic ski racer.
- **Judi Mikolai** coaches marathon canoe and kayak and has been a wilderness canoe guide for over 25 years.
- **Jeff DuBois** has + 40 years of marathon flatwater racing experience, including top 10 finishes in international competitions. He has been coaching adults and kids since 1985.
- **Kate Ellis** is one of the top marathon canoe racers in North America, a gold medalist at the Nordic Ski Masters World Cup and a full-time paddler and ski coach.
- **Mike Brumbaugh** is one of the top SUP racers in Minnesota and holds the course ski record for the Arrowhead 135.

Rice Creek Boat Club (RCBC), a non-profit 501(c)(3).