

For Immediate Release:

Minnesota State High School Nordic Ski Coaches Association Banquet
Thursday, February 13, 2003
6:00 PM at the Days Inn, Eveleth, Minnesota

All state qualifying skiers, parents, coaches, team members, fans and interested individuals are invited and encouraged to attend the State Meet Banquet on Thursday, Feb. 13, 2003 at 6:00 PM in the Eveleth Days Inn. The cost of the banquet is \$10 per person. No reservations are required. Tickets may be purchased at the door. Here is the order of events for the evening:

6:00 PM Introduction of all state qualifying skiers and teams. Starting with section 8 and working down to section 1.

Italian pasta meal, salad, bread, and beverages.

Program:

- Introduce attending Hall of Fame members:
Induction into the Hall of Fame, Victor C. Dunder, Charlie Banks and Nancy Bauer.
- Announcement and presentation of awards for Coach, Assistant Coach and Volunteer of the Year
- Guest Speaker Nina Kemppel (see following page)
- Coaches Relay Awards Presentation
- Student Academic Awards Presentation

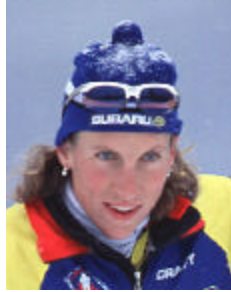
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Nina Kemppel: To speak at the Minnesota State High School Cross-Country Skiing meet February 13th.

Nina Kemppel, arguably America's most successful cross-country skiing athlete, will speak at the Minnesota State High School Cross-Country Skiing meet as part of her retirement tour. Nina has skied on the US National team since the elder Bush was in office and was still a Dartmouth student when she raced in her first Olympics in Albertville in 1992. After Dartmouth, Kemppel skied in Norway, though she longed to return to the States claiming in an interview, "I can't eat Oatmeal everyday!" The consistency that Kemppel has given to her model on which other skiers have based themselves, Kemppel once claimed that she "wasn't a natural athlete and couldn't have walked onto a soccer field and been a soccer star." Yet her consistency and indomitable perseverance have paid off with 19 National appearances highlighted with a 16 winter's Olympic games. With these results Kemppel can lay claim to being the most successful US cross-country skier of all time.



This season, as a member of the Subaru Factory Team, Kemppel is moving away from the international limelight with goal of giving back to the sport and seeing the nation that she has represented for so long. Nina will travel the country to conduct skiing clinics and speak to America's junior skiers about what it takes to be a champion in skiing and in life. As far as racing goes, she hopes to win the American Ski Marathon Series and the Birkie along the way.

Nina Kemppel <http://www.dreamofit.com/kemppel.htm>

Nina Kemppel

Born:	October 14, 1970
Hometown:	Anchorage, AK
Birthplace:	Boulder, CO
Height:	5'10 in (175cm)
Weight:	140 lb (63.6kg)
Years Ski Racing:	20
Competition Highlights:	1992, '94, '98, '02: Olympic Teams 1993, '95, '97, '99, '01: World Championship Team 1989-2002: USA Teams 19 Time US Champion

The Subaru Factory Team enjoys winter. They wish to help America's snowbound populace have a similar winter experience. Enjoy winter with the Subaru Factory Team dreamofit.com

Nina can be reached at (907) 350-0897 Kempalova@aol.com

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