

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

Boys Team Scores			Classic Points	Skate Points	Total Points
Place	School	Abbrev			
1	Elk River	ERRZ	538.0	529.0	1067.0
2	Osseo	Osseo	505.0	538.0	1043.0
3	Maple Grove	MplGr	522.5	507.0	1029.5
4	Andover	Andvr	463.0	459.0	922.0
5	Park Center	PkCtr	459.5	461.0	920.5
6	Coon Rapids	CnRpd	393.0	393.0	786.0
7	Champlin Park	ChPk	336.5	326.0	662.5
8	Anoka	Anoka	249.0	210.0	459.0
9	Blaine	Blaine	110.0	103.0	213.0

Boys Varsity Pursuit						
Distance 10 Km						
Place	Name	School	Grade	Skate	Classic	Total
1	John Kallemeyn	ERRZ	12	0:15:25	0:16:12	0:31:37
2	Jameson Keller	MplGr	11	0:15:25	0:16:52	0:32:17
3	Jesse Bullis	ERRZ	10	0:15:33	0:16:51	0:32:24
4	Dallas Gray	ERRZ	12	0:16:15	0:16:39	0:32:54
5	Jon Reno	MplGr	12	0:15:43	0:17:11	0:32:54
6	Tony Thompson	ERRZ	12	0:15:48	0:17:36	0:33:24
7	Kevin Heglund	Anoka	12	0:16:18	0:17:08	0:33:26
8	Kyle Reins	Osseo	10	0:15:37	0:17:55	0:33:32
9	Craig Hertz	Andvr	12	0:15:49	0:17:48	0:33:37
10	Aric Litchy	MplGr	11	0:16:38	0:17:22	0:34:00
11	Matt McGough	Osseo	12	0:16:26	0:17:42	0:34:08
12	Jack Sullivan	PkCtr	11	0:16:13	0:18:13	0:34:26
13	Brian Anderson	Andvr	11	0:16:33	0:17:54	0:34:27
14	Ben Johnson	Osseo	12	0:15:57	0:18:34	0:34:31
15	John Zbikowski	MplGr	11	0:16:21	0:18:22	0:34:43
16	Dan Grutter	Osseo	11	0:16:09	0:18:41	0:34:50
17	Brad Hammond	PkCtr	11	0:16:12	0:18:55	0:35:07
18	Joe Dubay	CnRpd	7	0:16:03	0:19:04	0:35:07
19	Mike Petroff	CnRpd	10	0:16:27	0:18:42	0:35:09
20	Matt Gifford	Osseo	11	0:16:04	0:19:06	0:35:10
21	Dolph Colomb	Andvr	10	0:16:23	0:18:53	0:35:16
22	Mike McCarty	MplGr	12	0:16:42	0:18:44	0:35:26
23	Tabin Hinck	PkCtr	12	0:16:56	0:18:32	0:35:28
24	Nick Entinger	Osseo	11	0:16:40	0:19:11	0:35:51
25	Paul Gammelgaard	Osseo	11	0:16:18	0:19:45	0:36:03
26	Zach Varty	ERRZ	10	0:16:47	0:19:27	0:36:14
27	Jeremy Bydlon	PkCtr	11	0:16:24	0:19:56	0:36:20
28	John Lyrenmann	ERRZ	11	0:16:37	0:19:43	0:36:20
29	John Morgan	MplGr	11	0:16:28	0:19:56	0:36:24
30	Drew Ditlefsen	CnRpd	12	0:17:05	0:19:27	0:36:32
31	Aaron Sanborn	Blaine	10	0:16:38	0:19:57	0:36:35
32	Dan Kallas	PkCtr	12	0:17:31	0:19:12	0:36:43
33	Jeremy Hecker	Andvr	7	0:16:49	0:19:59	0:36:48
34	Kenny Gilkerson	PkCtr	10	0:16:51	0:20:10	0:37:01
35	Chris Rivers	Andvr	10	0:17:07	0:20:01	0:37:08
36	Chris Goodloe	ChPk	11	0:17:35	0:19:45	0:37:20
37	Kelston Benson	ChPk	11	0:17:11	0:20:14	0:37:25
38	Tom Peterson	Anoka	11	0:17:26	0:20:07	0:37:33
39	Drew Clark	Andvr	11	0:18:17	0:19:28	0:37:45
40	Andy Shuldheisz	Andvr	11	0:17:11	0:20:40	0:37:51
41	Spencer Wigmore	ERRZ	9	0:18:37	0:19:19	0:37:56

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

42	Bob Jones	ChPk	11	0:17:32	0:20:26	0:37:58
43	Scott Nei	MplGr	11	0:18:05	0:20:12	0:38:17
44	Mike Kroulik	ChPk	11	0:17:56	0:20:27	0:38:23
45	Matt Smithers	CnRpd	10	0:18:05	0:20:38	0:38:43
46	Nick Fenner	Osseo	11	0:17:53	0:20:50	0:38:43
47	Casey Kauphusman	ChPk	11	0:18:40	0:20:13	0:38:53
48	Andrew Theis	Osseo	11	0:17:52	0:21:41	0:39:33
49	Bobby Slagerman	PkCtr	10	0:18:29	0:21:06	0:39:35
50	Michael Lyrenmann	ERRZ	9	0:18:20	0:21:16	0:39:36
51	Gregory Crane	ERRZ	11	0:18:48	0:20:59	0:39:47
52	David Sellers	Osseo	12	0:18:32	0:21:27	0:39:59
53	Matt McLaughlin	PkCtr	11	0:17:35	0:22:35	0:40:10
54	Eric Baumgartner	CnRpd	12	0:19:34	0:20:36	0:40:10
55	Alex Risse	PkCtr	10	0:18:36	0:21:36	0:40:12
56	Tom Ramey	MplGr	11	0:18:05	0:22:12	0:40:17
57	Andrew Sundin	MplGr	12	0:18:17	0:22:01	0:40:18
58	Phil Johnson	CnRpd	10	0:19:02	0:21:20	0:40:22
59	Jake Nelson	CnRpd	9	0:18:49	0:21:42	0:40:31
60	Kevin Clark	Andvr	8	0:20:07	0:20:35	0:40:42
61	Robbie Bennett	CnRpd	11	0:18:04	0:23:06	0:41:10
62	Maxwell Moreland	Osseo	11	0:18:37	0:22:34	0:41:11
63	Jason Beck	Andvr	11	0:19:44	0:21:45	0:41:29
64	Mark Vonderharr	PkCtr	10	0:20:01	0:21:34	0:41:35
65	Brandon Hersch	Andvr	11	0:19:32	0:22:36	0:42:08
66	Mark Kelley	CnRpd	11	0:18:57	0:23:23	0:42:20
67	Kevin Kallas	PkCtr	10	0:19:02	0:23:22	0:42:24
68	Bryce Novak	CnRpd	10	0:20:04	0:22:21	0:42:25
69	Alex Koppi-Kohn	ChPk	11	0:19:21	0:23:08	0:42:29
70	Nate Graen	PkCtr	12	0:21:21	0:21:56	0:43:17
71	Adam Johnson	ChPk	9	0:20:34	0:23:00	0:43:34
72	Matt Bolt	ChPk	9	0:20:45	0:23:03	0:43:48
73	Mike Schneppenheim	CnRpd	10	0:20:18	0:23:33	0:43:51
74	Bryce Offord	CnRpd	9	0:19:34	0:24:26	0:44:00
75	Jerod Freeberg	Osseo	10	0:20:45	0:23:22	0:44:07
76	David Koskiniemi	Blaine	10	0:20:19	0:24:03	0:44:22
77	Will Grom	Anoka	10	0:22:55	0:22:00	0:44:55
78	Tim Jackels	MplGr	8	0:21:24	0:23:46	0:45:10
79	Scott Dierks	ERRZ	11	0:22:06	0:23:27	0:45:33
80	Christian Swanson	Anoka	9	0:22:19	0:23:36	0:45:55
81	Julius Webster	MplGr	11	0:20:06	0:25:56	0:46:02
82	Alec Geiser	MplGr	12	0:20:59	0:25:07	0:46:06
83	Peter Saeger	ERRZ	10	0:22:08	0:24:31	0:46:39
84	Andy Jones	ChPk	9	0:21:17	0:26:35	0:47:52
85	Alec Lindsey	ChPk	7	0:23:00	0:26:01	0:49:01
86	Jacob Zillhardt	Anoka	10	0:22:27	0:27:03	0:49:30
87	Joshua Blackwelder	Anoka	9	0:23:46	0:26:16	0:50:02
88	Josh Kieselhorst	ChPk	12	0:24:44	0:25:59	0:50:43

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

Boys Varsity Classic						
Distance	5 Km				Average	Behind
Place	Name	School	Grade	Total	Min / Km	Leader
1	John Kallemeyn	ERRZ	12	0:16:12	0:03:14	0:00:00
2	Dallas Gray	ERRZ	12	0:16:39	0:03:20	0:00:27
3	Jesse Bullis	ERRZ	10	0:16:51	0:03:22	0:00:39
4	Jameson Keller	MplGr	11	0:16:52	0:03:22	0:00:40
5	Kevin Heglund	Anoka	12	0:17:08	0:03:26	0:00:56
6	Jon Reno	MplGr	12	0:17:11	0:03:26	0:00:59
7	Aric Litchy	MplGr	11	0:17:22	0:03:28	0:01:10
8	Tony Thompson	ERRZ	12	0:17:36	0:03:31	0:01:24
9	Matt McGough	Osseo	12	0:17:42	0:03:32	0:01:30
10	Craig Hertz	Andvr	12	0:17:48	0:03:34	0:01:36
11	Brian Anderson	Andvr	11	0:17:54	0:03:35	0:01:42
12	Kyle Reins	Osseo	10	0:17:55	0:03:35	0:01:43
13	Jack Sullivan	PkCtr	11	0:18:13	0:03:39	0:02:01
14	John Zbikowski	MplGr	11	0:18:22	0:03:40	0:02:10
15	Tabin Hinck	PkCtr	12	0:18:32	0:03:42	0:02:20
16	Ben Johnson	Osseo	12	0:18:34	0:03:43	0:02:22
17	Dan Grutter	Osseo	11	0:18:41	0:03:44	0:02:29
18	Mike Petroff	CnRpd	10	0:18:42	0:03:44	0:02:30
19	Mike McCarty	MplGr	12	0:18:44	0:03:45	0:02:32
20	Dolph Colomb	Andvr	10	0:18:53	0:03:47	0:02:41
21	Brad Hammond	PkCtr	11	0:18:55	0:03:47	0:02:43
22	Joe Dubay	CnRpd	7	0:19:04	0:03:49	0:02:52
23	Matt Gifford	Osseo	11	0:19:06	0:03:49	0:02:54
24	Nick Entinger	Osseo	11	0:19:11	0:03:50	0:02:59
25	Dan Kallas	PkCtr	12	0:19:12	0:03:50	0:03:00
26	Spencer Wigmore	ERRZ	9	0:19:19	0:03:52	0:03:07
27	Drew Ditlefsen	CnRpd	12	0:19:27	0:03:53	0:03:15
28	Zach Varty	ERRZ	10	0:19:27	0:03:53	0:03:15
29	Drew Clark	Andvr	11	0:19:28	0:03:54	0:03:16
30	John Lyrenmann	ERRZ	11	0:19:43	0:03:57	0:03:31
31	Paul Gammelgaard	Osseo	11	0:19:45	0:03:57	0:03:33
Tie	Chris Goodloe	ChPk	11	0:19:45	0:03:57	0:03:33
33	John Morgan	MplGr	11	0:19:56	0:03:59	0:03:44
Tie	Jeremy Bydlon	PkCtr	11	0:19:56	0:03:59	0:03:44
35	Aaron Sanborn	Blaine	10	0:19:57	0:03:59	0:03:45
36	Jeremy Hecker	Andvr	7	0:19:59	0:04:00	0:03:47
37	Chris Rivers	Andvr	10	0:20:01	0:04:00	0:03:49
38	Tom Peterson	Anoka	11	0:20:07	0:04:01	0:03:55
39	Kenny Gilkerson	PkCtr	10	0:20:10	0:04:02	0:03:58
40	Scott Nei	MplGr	11	0:20:12	0:04:02	0:04:00
41	Casey Kauphusman	ChPk	11	0:20:13	0:04:03	0:04:01
42	Kelston Benson	ChPk	11	0:20:14	0:04:03	0:04:02
43	Bob Jones	ChPk	11	0:20:26	0:04:05	0:04:14
44	Mike Kroulik	ChPk	11	0:20:27	0:04:05	0:04:15
45	Kevin Clark	Andvr	8	0:20:35	0:04:07	0:04:23
46	Eric Baumgartner	CnRpd	12	0:20:36	0:04:07	0:04:24
47	Matt Smithers	CnRpd	10	0:20:38	0:04:08	0:04:26
48	Andy Shuldheisz	Andvr	11	0:20:40	0:04:08	0:04:28
49	Nick Fenner	Osseo	11	0:20:50	0:04:10	0:04:38
50	Gregory Crane	ERRZ	11	0:20:59	0:04:12	0:04:47
51	Bobby Slagerman	PkCtr	10	0:21:06	0:04:13	0:04:54
52	Michael Lyrenmann	ERRZ	9	0:21:16	0:04:15	0:05:04
53	Phil Johnson	CnRpd	10	0:21:20	0:04:16	0:05:08

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

54	David Sellers	Osseo	12	0:21:27	0:04:17	0:05:15
55	Mark Vonderharr	PkCtr	10	0:21:34	0:04:19	0:05:22
56	Alex Risse	PkCtr	10	0:21:36	0:04:19	0:05:24
57	Andrew Theis	Osseo	11	0:21:41	0:04:20	0:05:29
58	Jake Nelson	CnRpd	9	0:21:42	0:04:20	0:05:30
59	Jason Beck	Andvr	11	0:21:45	0:04:21	0:05:33
60	Nate Graen	PkCtr	12	0:21:56	0:04:23	0:05:44
61	Will Grom	Anoka	10	0:22:00	0:04:24	0:05:48
62	Andrew Sundin	MplGr	12	0:22:01	0:04:24	0:05:49
63	Tom Ramey	MplGr	11	0:22:12	0:04:26	0:06:00
64	Bryce Novak	CnRpd	10	0:22:21	0:04:28	0:06:09
65	Maxwell Moreland	Osseo	11	0:22:34	0:04:31	0:06:22
66	Matt McLaughlin	PkCtr	11	0:22:35	0:04:31	0:06:23
67	Brandon Hersch	Andvr	11	0:22:36	0:04:31	0:06:24
68	Adam Johnson	ChPk	9	0:23:00	0:04:36	0:06:48
69	Matt Bolt	ChPk	9	0:23:03	0:04:37	0:06:51
70	Robbie Bennett	CnRpd	11	0:23:06	0:04:37	0:06:54
71	Alex Koppi-Kohn	ChPk	11	0:23:08	0:04:38	0:06:56
72	Kevin Kallas	PkCtr	10	0:23:22	0:04:40	0:07:10
Tie	Jerod Freeberg	Osseo	10	0:23:22	0:04:40	0:07:10
74	Mark Kelley	CnRpd	11	0:23:23	0:04:41	0:07:11
75	Scott Dierks	ERRZ	11	0:23:27	0:04:41	0:07:15
76	Mike Schneppenheim	CnRpd	10	0:23:33	0:04:43	0:07:21
77	Christian Swanson	Anoka	9	0:23:36	0:04:43	0:07:24
78	Tim Jackels	MplGr	8	0:23:46	0:04:45	0:07:34
79	Daniel Nelson	ChPk	8	0:23:57	0:04:47	0:07:45
80	David Koskiniemi	Blaine	10	0:24:03	0:04:49	0:07:51
81	Bryce Offord	CnRpd	9	0:24:26	0:04:53	0:08:14
82	Peter Saeger	ERRZ	10	0:24:31	0:04:54	0:08:19
83	Alec Geiser	MplGr	12	0:25:07	0:05:01	0:08:55
84	Julius Webster	MplGr	11	0:25:56	0:05:11	0:09:44
85	Josh Kieselhorst	ChPk	12	0:25:59	0:05:12	0:09:47
86	Alec Lindsey	ChPk	7	0:26:01	0:05:12	0:09:49
87	Joshua Blackwelder	Anoka	9	0:26:16	0:05:15	0:10:04
88	Andy Jones	ChPk	9	0:26:35	0:05:19	0:10:23
89	Jacob Zillhardt	Anoka	10	0:27:03	0:05:25	0:10:51

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

Boys Varsity Freestyle (Skate)						
Distance 5 Km					Average Min / Km	Behind Leader
Place	Name	School	Grade	Total		
1	John Kallemeyn	ERRZ	12	0:15:24	0:03:05	0:00:00
2	Jameson Keller	MplGr	11	0:15:25	0:03:05	0:00:01
3	Jesse Bullis	ERRZ	10	0:15:33	0:03:07	0:00:09
4	Kyle Reins	Osseo	10	0:15:37	0:03:07	0:00:13
5	Jon Reno	MplGr	12	0:15:43	0:03:09	0:00:19
6	Tony Thompson	ERRZ	12	0:15:48	0:03:10	0:00:24
7	Craig Hertz	Andvr	12	0:15:49	0:03:10	0:00:25
8	Ben Johnson	Osseo	12	0:15:57	0:03:11	0:00:33
9	Joe Dubay	CnRpd	7	0:16:03	0:03:13	0:00:39
10	Matt Gifford	Osseo	11	0:16:04	0:03:13	0:00:40
11	Dan Grutter	Osseo	11	0:16:09	0:03:14	0:00:45
12	Brad Hammond	PkCtr	11	0:16:12	0:03:14	0:00:48
13	Jack Sullivan	PkCtr	11	0:16:13	0:03:15	0:00:49
14	Dallas Gray	ERRZ	12	0:16:15	0:03:15	0:00:51
15	Paul Gammelgaard	Osseo	11	0:16:17	0:03:15	0:00:53
16	Kevin Heglund	Anoka	12	0:16:18	0:03:16	0:00:54
17	John Zbikowski	MplGr	11	0:16:21	0:03:16	0:00:57
18	Dolph Colomb	Andvr	10	0:16:23	0:03:17	0:00:59
19	Jeremy Bydlon	PkCtr	11	0:16:24	0:03:17	0:01:00
20	Matt McGough	Osseo	12	0:16:26	0:03:17	0:01:02
21	Mike Petroff	CnRpd	10	0:16:27	0:03:17	0:01:03
22	John Morgan	MplGr	11	0:16:28	0:03:18	0:01:04
23	Brian Anderson	Andvr	11	0:16:33	0:03:19	0:01:09
24	John Lyrenmann	ERRZ	11	0:16:37	0:03:19	0:01:13
25	Aric Litchy	MplGr	11	0:16:38	0:03:20	0:01:14
26	Aaron Sanborn	Blaine	10	0:16:38	0:03:20	0:01:14
27	Nick Entinger	Osseo	11	0:16:40	0:03:20	0:01:16
28	Mike McCarty	MplGr	12	0:16:42	0:03:20	0:01:18
29	Zach Varty	ERRZ	10	0:16:47	0:03:21	0:01:23
30	Jeremy Hecker	Andvr	7	0:16:49	0:03:22	0:01:25
31	Kenny Gilkerson	PkCtr	10	0:16:51	0:03:22	0:01:27
32	Tabin Hinck	PkCtr	12	0:16:56	0:03:23	0:01:32
33	Drew Ditlefsen	CnRpd	12	0:17:05	0:03:25	0:01:41
34	Chris Rivers	Andvr	10	0:17:07	0:03:25	0:01:43
35	Andy Shuldheisz	Andvr	11	0:17:10	0:03:26	0:01:46
36	Kelston Benson	ChPk	11	0:17:11	0:03:26	0:01:47
37	Tom Peterson	Anoka	11	0:17:26	0:03:29	0:02:02
38	Dan Kallas	PkCtr	12	0:17:31	0:03:30	0:02:07
39	Bob Jones	ChPk	11	0:17:32	0:03:30	0:02:08
40	Matt McLaughlin	PkCtr	11	0:17:34	0:03:31	0:02:10
41	Chris Goodloe	ChPk	11	0:17:35	0:03:31	0:02:11
42	Andrew Theis	Osseo	11	0:17:52	0:03:34	0:02:28
43	Nick Fenner	Osseo	11	0:17:53	0:03:35	0:02:29
44	Mike Kroulik	ChPk	11	0:17:56	0:03:35	0:02:32
45	Robbie Bennett	CnRpd	11	0:18:03	0:03:37	0:02:39
46	Matt Smithers	CnRpd	10	0:18:04	0:03:37	0:02:40
47	Tom Ramey	MplGr	11	0:18:05	0:03:37	0:02:41
48	Scott Nei	MplGr	11	0:18:05	0:03:37	0:02:41
49	Drew Clark	Andvr	11	0:18:17	0:03:39	0:02:53
Tie	Andrew Sundin	MplGr	12	0:18:17	0:03:39	0:02:53
51	Michael Lyrenmann	ERRZ	9	0:18:20	0:03:40	0:02:56
52	Bobby Slagerman	PkCtr	10	0:18:29	0:03:42	0:03:05
53	David Sellers	Osseo	12	0:18:32	0:03:42	0:03:08

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

54	Alex Risse	PkCtr	10	0:18:36	0:03:43	0:03:12
55	Spencer Wigmore	ERRZ	9	0:18:37	0:03:43	0:03:13
Tie	Maxwell Moreland	Osseo	11	0:18:37	0:03:43	0:03:13
57	Casey Kauphusman	ChPk	11	0:18:40	0:03:44	0:03:16
58	Gregory Crane	ERRZ	11	0:18:48	0:03:46	0:03:24
59	Jake Nelson	CnRpd	9	0:18:49	0:03:46	0:03:25
60	Mark Kelley	CnRpd	11	0:18:57	0:03:47	0:03:33
61	Phil Johnson	CnRpd	10	0:19:02	0:03:48	0:03:38
62	Kevin Kallas	PkCtr	10	0:19:02	0:03:48	0:03:38
63	Alex Koppi-Kohn	ChPk	11	0:19:21	0:03:52	0:03:57
64	Brandon Hersch	Andvr	11	0:19:32	0:03:54	0:04:08
65	Bryce Offord	CnRpd	9	0:19:33	0:03:55	0:04:09
66	Eric Baumgartner	CnRpd	12	0:19:34	0:03:55	0:04:10
67	Jason Beck	Andvr	11	0:19:44	0:03:57	0:04:20
68	Mark Vonderharr	PkCtr	10	0:20:01	0:04:00	0:04:37
69	Bryce Novak	CnRpd	10	0:20:04	0:04:01	0:04:40
70	Julius Webster	MplGr	11	0:20:06	0:04:01	0:04:42
71	Kevin Clark	Andvr	8	0:20:07	0:04:01	0:04:43
72	Mike Schneppenheim	CnRpd	10	0:20:18	0:04:04	0:04:54
73	David Koskiniemi	Blaine	10	0:20:19	0:04:04	0:04:55
74	Adam Johnson	ChPk	9	0:20:34	0:04:07	0:05:10
75	Eric Volk	ERRZ	7	0:20:35	0:04:07	0:05:11
76	Jerod Freeberg	Osseo	10	0:20:45	0:04:09	0:05:21
77	Matt Bolt	ChPk	9	0:20:45	0:04:09	0:05:21
78	Alec Geiser	MplGr	12	0:20:59	0:04:12	0:05:35
79	Andy Jones	ChPk	9	0:21:17	0:04:15	0:05:53
80	Nate Graen	PkCtr	12	0:21:21	0:04:16	0:05:57
81	Tim Jackels	MplGr	8	0:21:24	0:04:17	0:06:00
82	Scott Dierks	ERRZ	11	0:22:06	0:04:25	0:06:42
83	Peter Saeger	ERRZ	10	0:22:08	0:04:26	0:06:44
84	Christian Swanson	Anoka	9	0:22:19	0:04:28	0:06:55
85	Jacob Zillhardt	Anoka	10	0:22:27	0:04:29	0:07:03
86	Will Grom	Anoka	10	0:22:55	0:04:35	0:07:31
87	Alec Lindsey	ChPk	7	0:23:00	0:04:36	0:07:36
88	Joshua Blackwelder	Anoka	9	0:23:46	0:04:45	0:08:22
89	Josh Kieselhorst	ChPk	12	0:24:44	0:04:57	0:09:20
	Daniel Nelson	ChPk	8	DNF		

Boys Junior Varsity Classic						
Distance 5 Km					Average	Behind
Place	Name	School	Grade	Total	Min / Km	Leader
1	William Risse	PkCtr	8	0:22:33	0:04:31	0:00:00
2	Shawn McCarty	Osseo	11	0:24:17	0:04:51	0:01:44
3	Colton Mehrhof	CnRpd	9	0:24:39	0:04:56	0:02:06
4	Matt Baudino	CnRpd	12	0:25:10	0:05:02	0:02:37
5	Brenton Pahl	CnRpd	11	0:26:48	0:05:22	0:04:15
6	Andrew Chadwick	Osseo	10	0:28:06	0:05:37	0:05:33
7	Corey Solberg	ERRZ	10	0:28:10	0:05:38	0:05:37
8	Derek Ho	Anoka	10	0:30:36	0:06:07	0:08:03
9	Andrew Steyer	PkCtr	11	0:49:45	0:09:57	0:27:12

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

Boys Junior Varsity Freestyle (Skate)						
Distance 5 Km					Average	Behind
Place	Name	School	Grade	Total	Min / Km	Leader
1	Paul Frank	Osseo	12	0:19:18	0:03:52	0:00:00
2	Tyler Feuerhake	PkCtr	11	0:19:20	0:03:52	0:00:02
3	Thomas Bachmann	PkCtr	12	0:19:31	0:03:54	0:00:13
4	Joe Trapp	CnRpd	11	0:19:39	0:03:56	0:00:21
5	Tony Nowak	ERRZ	8	0:20:05	0:04:01	0:00:47
6	Kevin Priyatel	ERRZ	11	0:21:10	0:04:14	0:01:52
7	Dylan Cahill	PkCtr	10	0:21:23	0:04:17	0:02:05
8	Joe Campbell	CnRpd	9	0:21:34	0:04:19	0:02:16
9	John Meissner	PkCtr	11	0:22:02	0:04:24	0:02:44
10	Jacob Gifford	Qsseo	8	0:22:03	0:04:25	0:02:45
11	Nick Lukecart	PkCtr	10	0:22:32	0:04:30	0:03:14
12	Matt Wronski	Qsseo	11	0:22:44	0:04:33	0:03:26
13	Kyle Solberg	ERRZ	8	0:22:52	0:04:34	0:03:34
14	Matt Wilson	ERRZ	12	0:23:05	0:04:37	0:03:47
15	Adam Varney	MplGr	9	0:23:19	0:04:40	0:04:01
16	Robert Nelson	PkCtr	8	0:23:19	0:04:40	0:04:01
17	Donald Warneke	ERRZ	8	0:23:32	0:04:42	0:04:14
18	Evan Gillette	ERRZ	8	0:23:53	0:04:47	0:04:35
19	Alex Morse-Noland	PkCtr	9	0:24:03	0:04:49	0:04:45
20	Tom Bedor	Anoka	10	0:24:12	0:04:50	0:04:54
21	Paul Rassier	Osseo	10	0:24:14	0:04:51	0:04:56
22	Kevin O'Neil	MplGr	10	0:24:27	0:04:53	0:05:09
23	Brian Ploehn	PkCtr	8	0:25:19	0:05:04	0:06:01
24	Brett LaPlante	ERRZ	9	0:25:20	0:05:04	0:06:02
25	Kevin Beidelman	ERRZ	8	0:26:04	0:05:13	0:06:46
26	Jordan Graen	PkCtr	7	0:27:05	0:05:25	0:07:47
27	Kory Freeberg	Osseo	8	0:27:19	0:05:28	0:08:01
28	Ricardo Cuellar	PkCtr	8	0:27:34	0:05:31	0:08:16
29	Nathan Keller	MplGr	8	0:30:13	0:06:03	0:10:55
30	Ryan VanValkenburg	ERRZ	8	0:30:52	0:06:10	0:11:34
31	Greg Gengler	PkCtr	8	0:31:02	0:06:12	0:11:44
32	Thomas Smieja	PkCtr	9	0:31:12	0:06:14	0:11:54
33	Doug Pearson	MplGr	7	0:31:43	0:06:21	0:12:25
34	Luke Linder	PkCtr	7	0:33:33	0:06:43	0:14:15
35	Dan Sellers	Osseo	9	0:37:35	0:07:31	0:18:17

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

Boys All-Conference Honors	School	Grade
John Kallemeyn	ERRZ	12
Jameson Keller	MplGr	11
Jesse Bullis	ERRZ	10
Dallas Gray	ERRZ	12
Jon Reno	MplGr	12
Tony Thompson	ERRZ	12
Kevin Heglund	Anoka	12
Kyle Reins	Osseo	10
Craig Hertz	Andvr	12
Aric Litchy	MplGr	11
Matt McGough	Osseo	12
Jack Sullivan	PkCtr	11
Brian Anderson	Andvr	11
Ben Johnson	Osseo	12
John Zbikowski	MplGr	11
Dan Grutter	Osseo	11
Brad Hammond	PkCtr	11
Joe Dubay	CnRpd	7
Mike Petroff	CnRpd	10
Matt Gifford	Osseo	11
Dolph Colomb	Andvr	10
Paul Gammelgaard	Osseo	11
Jeremy Bydlon	PkCtr	11
John Morgan	MplGr	11
Mike McCarty	MplGr	12
Tabin Hinck	PkCtr	12
Nick Entinger	Osseo	11

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

Girls Team Scores			Classic Points	Skate Points	Total Points
Place	School	Abbrev			
1	Anoka	Anoka	501.0	499.0	1000.0
2	Coon Rapids	CnRpd	466.0	505.0	971.0
3	Osseo	Osseo	461.0	505.0	966.0
4	Maple Grove	MplGr	486.0	453.5	939.5
5	Elk River	ERRZ	459.0	468.0	927.0
6	Champlin Park	ChPk	444.0	433.5	877.5
7	Andover	Andvr	383.0	390.0	773.0
8	Park Center	PkCtr	251.0	260.0	511.0
9	Blaine	Blaine	256.0	255.0	511.0

Girls Varsity Pursuit						
Distance 10 Km						
Place	Name	School	Grade	Skate	Classic	Total
1	Sarah Nelson	ChPk	12	0:17:31	0:18:50	0:36:21
2	Lisa Waananen	MplGr	12	0:17:24	0:19:39	0:37:03
3	Christi Nowak	ERRZ	10	0:17:26	0:19:41	0:37:07
4	Lindsay Erickson	Anoka	12	0:18:05	0:20:48	0:38:53
5	Maddie Peck	CnRpd	12	0:18:46	0:20:39	0:39:25
6	Kristine Dahlheimer	Anoka	10	0:19:11	0:20:24	0:39:35
7	Brianna McGill	Osseo	12	0:18:18	0:21:18	0:39:36
8	Dana Volk	ERRZ	12	0:18:39	0:21:04	0:39:43
9	Emily Dubay	CnRpd	12	0:18:43	0:21:22	0:40:05
10	Pam Sorenson	Blaine	12	0:19:57	0:20:34	0:40:31
11	Erin Saville	MplGr	11	0:19:44	0:21:25	0:41:09
12	Gretchen Stangl	Anoka	11	0:19:25	0:21:54	0:41:19
13	Kristin Kennedy	CnRpd	9	0:19:18	0:22:07	0:41:25
14	Eleanor Magnuson	ChPk	8	0:19:44	0:21:47	0:41:31
15	Kate Reins	Osseo	9	0:19:22	0:22:14	0:41:36
16	Lisa Weidemann	Andvr	10	0:20:18	0:21:50	0:42:08
17	Stefanie Prell	ChPk	12	0:19:13	0:22:56	0:42:09
18	Sierra Spagenski	Osseo	9	0:19:43	0:22:29	0:42:12
19	Marissa Dahlquist	CnRpd	9	0:20:11	0:22:08	0:42:19
20	Lindsey Schempf	Anoka	12	0:19:52	0:22:27	0:42:19
21	Brittney Olson	Osseo	12	0:19:04	0:23:18	0:42:22
22	Kate Wold	MplGr	10	0:21:26	0:21:32	0:42:58
23	Jill Vanhavermaet	Blaine	12	0:21:11	0:21:52	0:43:03
24	Sara Spaulding	Anoka	12	0:19:32	0:23:45	0:43:17
25	Ashley Koskiniemi	Andvr	11	0:20:49	0:22:55	0:43:44
26	Caitlin Polgreen	ERRZ	10	0:19:36	0:24:12	0:43:48
27	Emily Porter	CnRpd	10	0:19:51	0:24:07	0:43:58
28	Erika Sanborn	MplGr	10	0:20:37	0:23:30	0:44:07
29	Beth Fugina	Andvr	11	0:20:56	0:23:26	0:44:22
30	Andrea Tremaine	Anoka	10	0:21:48	0:22:35	0:44:23
31	Alice Kremer	ERRZ	12	0:21:15	0:23:19	0:44:34
32	Nicole Carstensen	MplGr	9	0:20:28	0:24:11	0:44:39
33	Karyn Liebsch	Osseo	9	0:20:27	0:24:21	0:44:48
34	Julie Wendt	MplGr	11	0:21:41	0:23:10	0:44:51
35	Britta Lofgren	ERRZ	10	0:21:38	0:23:16	0:44:54
36	Marissa Johnson	ChPk	12	0:20:05	0:24:50	0:44:55
37	Katie Lockrem	CnRpd	12	0:20:40	0:24:15	0:44:55
38	Ana Evenson	Osseo	9	0:20:54	0:24:02	0:44:56
39	Nicole Dornfeld	Osseo	12	0:22:06	0:22:52	0:44:58
40	Amanda Simon	PkCtr	12	0:21:16	0:23:52	0:45:08
41	Megan Murlowski	MplGr	12	0:21:28	0:23:48	0:45:16

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

42	Annie Bunio	Anoka	10	0:21:47	0:23:31	0:45:18
43	Katie Putnam	Andvr	11	0:21:29	0:23:51	0:45:20
44	Mary Palmer	Anoka	11	0:21:52	0:23:50	0:45:42
45	Nia Jonesz	Andvr	11	0:20:55	0:24:55	0:45:50
46	Sarah Littlefield	PkCtr	9	0:22:02	0:24:01	0:46:03
47	Nicole Lepinski	MplGr	11	0:22:24	0:24:20	0:46:44
48	Hannah Sanborn	MplGr	7	0:21:54	0:24:57	0:46:51
49	Ashley Stoffers	ERRZ	12	0:23:24	0:23:35	0:46:59
50	Chrissy Bruins	Osseo	11	0:22:21	0:24:42	0:47:03
51	Jennifer Olsen	ChPk	10	0:22:15	0:25:02	0:47:17
52	Heather Peterson	Osseo	10	0:21:27	0:25:53	0:47:20
53	Colleen White	ERRZ	9	0:22:09	0:25:19	0:47:28
54	Eileen Crosby	ERRZ	9	0:21:23	0:26:15	0:47:38
55	Laura Lekander	MplGr	12	0:23:05	0:24:38	0:47:43
56	Hayley Gerster	Andvr	7	0:22:45	0:25:25	0:48:10
57	Julie Benton	Osseo	12	0:22:28	0:26:08	0:48:36
58	Dana Ostrander	Andvr	10	0:22:38	0:26:07	0:48:45
59	Katelynn Spurgin	Andvr	10	0:23:27	0:25:31	0:48:58
60	Susy Matlon	Anoka	12	0:23:44	0:25:18	0:49:02
61	Jennea Jerdee	PkCtr	10	0:23:55	0:25:12	0:49:07
62	Katie Sable	MplGr	10	0:23:49	0:25:19	0:49:08
63	Rachel Wordelman	CnRpd	10	0:24:34	0:24:34	0:49:08
64	Ashley Borgstrom	PkCtr	11	0:23:18	0:26:01	0:49:19
65	Jessica Anderson	Osseo	11	0:24:27	0:24:58	0:49:25
66	Erin Murphy	Anoka	10	0:23:36	0:25:52	0:49:28
67	Natalie Morse-Noland	PkCtr	10	0:22:46	0:26:50	0:49:36
68	Natalie Prell	ChPk	10	0:23:38	0:26:11	0:49:49
69	Lindsay Dickson	ChPk	12	0:24:06	0:25:49	0:49:55
70	Jenny Sletten	Osseo	11	0:23:32	0:26:36	0:50:08
71	Brianna Duff	Anoka	8	0:25:38	0:24:37	0:50:15
72	Kelsey Eberle	MplGr	12	0:23:25	0:26:56	0:50:21
73	April Wright	Anoka	12	0:23:54	0:26:35	0:50:29
74	Amy Nelson	Blaine	11	0:23:17	0:27:16	0:50:33
75	Cecylia Bocovich	Andvr	8	0:24:24	0:26:21	0:50:45
76	Sarah Ames	PkCtr	10	0:24:37	0:27:05	0:51:42
77	Talbrey Benson-Goupil	CnRpd	8	0:24:15	0:27:49	0:52:04
78	Kristin Moriarity	ERRZ	11	0:25:09	0:27:01	0:52:10
79	Frances Schmitz	Blaine	11	0:25:10	0:27:07	0:52:17
80	Emily Stitz	Blaine	9	0:23:58	0:28:28	0:52:26
81	Katie Tade	PkCtr	9	0:24:16	0:28:22	0:52:38
82	Christine Schroeder	PkCtr	10	0:25:32	0:27:34	0:53:06
83	Kristina Thompson	Blaine	11	0:25:04	0:28:40	0:53:44
84	Maria Nguen-cong	PkCtr	11	0:25:37	0:28:12	0:53:49
85	Rachel Hatteberg	Blaine	11	0:25:44	0:28:31	0:54:15
86	Heather Werdien	Blaine	11	0:26:51	0:27:35	0:54:26
87	Marija Ferber	PkCtr	10	0:27:21	0:27:46	0:55:07
88	Veronica Taylor	Blaine	11	0:25:34	0:29:33	0:55:07
89	Jenny Ampe	PkCtr	9	0:28:11	0:28:33	0:56:44
90	Jill Traver	Andvr	10	0:28:34	0:28:59	0:57:33
91	Alexa Artmann	ChPk	7	0:27:28	0:30:11	0:57:39
92	Lindsay Schmitz	Blaine	11	0:25:22	0:32:28	0:57:50
93	Karissa Ollila	ChPk	10	0:26:17	0:31:35	0:57:52
94	Kristen Gangl	PkCtr	11	0:30:39	0:31:23	1:02:02

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

Girls Varsity Classic						
Distance	5 Km				Average	Behind
Place	Name	School	Grade	Total	Min / Km	Leader
1	Sarah Nelson	ChPk	12	0:18:50	0:03:46	0:00:00
2	Lisa Waananen	MplGr	12	0:19:39	0:03:56	0:00:49
3	Christi Nowak	ERRZ	10	0:19:41	0:03:56	0:00:51
4	Kristine Dahlheimer	Anoka	10	0:20:24	0:04:05	0:01:34
5	Pam Sorenson	Blaine	12	0:20:34	0:04:07	0:01:44
6	Maddie Peck	CnRpd	12	0:20:39	0:04:08	0:01:49
7	Lindsay Erickson	Anoka	12	0:20:48	0:04:10	0:01:58
8	Dana Volk	ERRZ	12	0:21:04	0:04:13	0:02:14
9	Brianna McGill	Osseo	12	0:21:18	0:04:16	0:02:28
10	Emily Dubay	CnRpd	12	0:21:22	0:04:16	0:02:32
11	Erin Saville	MplGr	11	0:21:25	0:04:17	0:02:35
12	Kate Wold	MplGr	10	0:21:32	0:04:18	0:02:42
13	Kaitlin Lindsey	ChPk	12	0:21:34	0:04:19	0:02:44
14	Eleanor Magnuson	ChPk	8	0:21:47	0:04:21	0:02:57
15	Lisa Weidemann	Andvr	10	0:21:50	0:04:22	0:03:00
16	Jill Vanhavermaet	Blaine	12	0:21:52	0:04:22	0:03:02
17	Gretchen Stangl	Anoka	11	0:21:54	0:04:23	0:03:04
18	Kristin Kennedy	CnRpd	9	0:22:07	0:04:25	0:03:17
19	Marissa Dahlquist	CnRpd	9	0:22:08	0:04:26	0:03:18
20	Kate Reins	Osseo	9	0:22:14	0:04:27	0:03:24
21	Lindsey Schempf	Anoka	12	0:22:27	0:04:29	0:03:37
22	Sierra Spagenski	Osseo	9	0:22:29	0:04:30	0:03:39
23	Andrea Tremaine	Anoka	10	0:22:35	0:04:31	0:03:45
24	Nicole Dornfeld	Osseo	12	0:22:52	0:04:34	0:04:02
25	Ashley Koskiniemi	Andvr	11	0:22:55	0:04:35	0:04:05
26	Stefanie Prell	ChPk	12	0:22:56	0:04:35	0:04:06
27	Julie Wendt	MplGr	11	0:23:10	0:04:38	0:04:20
28	Britta Lofgren	ERRZ	10	0:23:16	0:04:39	0:04:26
29	Brittney Olson	Osseo	12	0:23:18	0:04:40	0:04:28
30	Alice Kremer	ERRZ	12	0:23:19	0:04:40	0:04:29
31	Beth Fugina	Andvr	11	0:23:26	0:04:41	0:04:36
32	Erika Sanborn	MplGr	10	0:23:30	0:04:42	0:04:40
33	Annie Bunio	Anoka	10	0:23:31	0:04:42	0:04:41
34	Ashley Stoffers	ERRZ	12	0:23:35	0:04:43	0:04:45
35	Sara Spaulding	Anoka	12	0:23:45	0:04:45	0:04:55
36	Megan Murlowski	MplGr	12	0:23:48	0:04:46	0:04:58
37	Mary Palmer	Anoka	11	0:23:50	0:04:46	0:05:00
38	Katie Putnam	Andvr	11	0:23:51	0:04:46	0:05:01
39	Amanda Simon	PkCtr	12	0:23:52	0:04:46	0:05:02
40	Sarah Littlefield	PkCtr	9	0:24:01	0:04:48	0:05:11
41	Ana Evenson	Osseo	9	0:24:02	0:04:48	0:05:12
42	Emily Porter	CnRpd	10	0:24:07	0:04:49	0:05:17
43	Nicole Carstensen	MplGr	9	0:24:11	0:04:50	0:05:21
44	Caitlin Polgreen	ERRZ	10	0:24:12	0:04:50	0:05:22
45	Katie Lockrem	CnRpd	12	0:24:15	0:04:51	0:05:25
46	Nicole Lepinski	MplGr	11	0:24:20	0:04:52	0:05:30
47	Karyn Liebsch	Osseo	9	0:24:21	0:04:52	0:05:31
48	Rachel Wordelman	CnRpd	10	0:24:34	0:04:55	0:05:44
49	Brianna Duff	Anoka	8	0:24:37	0:04:55	0:05:47
50	Laura Lekander	MplGr	12	0:24:38	0:04:56	0:05:48
51	Chrissy Bruins	Osseo	11	0:24:42	0:04:56	0:05:52
52	Marissa Johnson	ChPk	12	0:24:50	0:04:58	0:06:00
53	Nia Jonesz	Andvr	11	0:24:55	0:04:59	0:06:05

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

54	Hannah Sanborn	MplGr	7	0:24:57	0:04:59	0:06:07
55	Jessica Anderson	Osseo	11	0:24:58	0:05:00	0:06:08
56	Jennifer Olsen	ChPk	10	0:25:02	0:05:00	0:06:12
57	Jennea Jerdee	PkCtr	10	0:25:12	0:05:02	0:06:22
58	Susy Matlon	Anoka	12	0:25:18	0:05:04	0:06:28
59	Colleen White	ERRZ	9	0:25:19	0:05:04	0:06:29
60	Katie Sable	MplGr	10	0:25:19	0:05:04	0:06:29
61	Hayley Gerster	Andvr	7	0:25:25	0:05:05	0:06:35
62	Katelynn Spurgin	Andvr	10	0:25:31	0:05:06	0:06:41
63	Lindsay Dickson	ChPk	12	0:25:49	0:05:10	0:06:59
64	Erin Murphy	Anoka	10	0:25:52	0:05:10	0:07:02
65	Heather Peterson	Osseo	10	0:25:53	0:05:11	0:07:03
66	Ashley Borgstrom	PkCtr	11	0:26:01	0:05:12	0:07:11
67	Dana Ostrander	Andvr	10	0:26:07	0:05:13	0:07:17
68	Julie Benton	Osseo	12	0:26:08	0:05:14	0:07:18
69	Natalie Prell	ChPk	10	0:26:11	0:05:14	0:07:21
70	Eileen Crosby	ERRZ	9	0:26:15	0:05:15	0:07:25
71	Cecylia Bocovich	Andvr	8	0:26:21	0:05:16	0:07:31
72	Hannah Miller	Andvr	8	0:26:31	0:05:18	0:07:41
73	April Wright	Anoka	12	0:26:35	0:05:19	0:07:45
74	Jenny Sletten	Osseo	11	0:26:36	0:05:19	0:07:46
75	Natalie Morse-Noland	PkCtr	10	0:26:50	0:05:22	0:08:00
76	Kelsey Eberle	MplGr	12	0:26:56	0:05:23	0:08:06
77	Kristin Moriarity	ERRZ	11	0:27:01	0:05:24	0:08:11
78	Sarah Ames	PkCtr	10	0:27:05	0:05:25	0:08:15
79	Frances Schmitz	Blaine	11	0:27:07	0:05:25	0:08:17
80	Amy Nelson	Blaine	11	0:27:16	0:05:27	0:08:26
81	Christine Schroeder	PkCtr	10	0:27:34	0:05:31	0:08:44
82	Heather Werdien	Blaine	11	0:27:35	0:05:31	0:08:45
83	Hannah Bolt	ChPk	12	0:27:40	0:05:32	0:08:50
84	Marija Ferber	PkCtr	10	0:27:46	0:05:33	0:08:56
85	Talbrey Benson-Goupil	CnRpd	8	0:27:49	0:05:34	0:08:59
86	Maria Nguen-cong	PkCtr	11	0:28:12	0:05:38	0:09:22
87	Katie Tade	PkCtr	9	0:28:22	0:05:40	0:09:32
88	Emily Stitz	Blaine	9	0:28:28	0:05:42	0:09:38
89	Rachel Hatteberg	Blaine	11	0:28:31	0:05:42	0:09:41
90	Jenny Ampe	PkCtr	9	0:28:33	0:05:43	0:09:43
91	Kristina Thompson	Blaine	11	0:28:40	0:05:44	0:09:50
92	Kelly Tollifson	CnRpd	10	0:28:41	0:05:44	0:09:51
93	Jill Traver	Andvr	10	0:28:59	0:05:48	0:10:09
94	Gemma Chubiz	Blaine	10	0:29:13	0:05:51	0:10:23
95	Veronica Taylor	Blaine	11	0:29:33	0:05:55	0:10:43
96	Alexa Artmann	ChPk	7	0:30:11	0:06:02	0:11:21
97	Laura Wilson	ChPk	9	0:30:57	0:06:11	0:12:07
98	Kristen Gangl	PkCtr	11	0:31:23	0:06:17	0:12:33
99	Karissa Ollila	ChPk	10	0:31:35	0:06:19	0:12:45
100	Kayla Fandel	CnRpd	8	0:32:04	0:06:25	0:13:14
101	Lindsay Schmitz	Blaine	11	0:32:28	0:06:30	0:13:38
	Sarah Herschberger	Blaine	11	DNF		

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

Girls Varsity Freestyle (Skate)						
Distance	5 Km				Average	Behind
Place	Name	School	Grade	Total	Min / Km	Leader
1	Lisa Waananen	MplGr	12	0:17:24	0:03:29	0:00:00
2	Christi Nowak	ERRZ	10	0:17:26	0:03:29	0:00:02
3	Sarah Nelson	ChPk	12	0:17:31	0:03:30	0:00:07
4	Lindsay Erickson	Anoka	12	0:18:05	0:03:37	0:00:41
5	Brianna McGill	Osseo	12	0:18:18	0:03:40	0:00:54
6	Dana Volk	ERRZ	12	0:18:39	0:03:44	0:01:15
7	Emily Dubay	CnRpd	12	0:18:43	0:03:45	0:01:19
8	Maddie Peck	CnRpd	12	0:18:46	0:03:45	0:01:22
9	Brittney Olson	Osseo	12	0:19:04	0:03:49	0:01:40
10	Kristine Dahlheimer	Anoka	10	0:19:11	0:03:50	0:01:47
11	Stefanie Prell	ChPk	12	0:19:13	0:03:51	0:01:49
12	Kristin Kennedy	CnRpd	9	0:19:18	0:03:52	0:01:54
13	Kate Reins	Osseo	9	0:19:22	0:03:52	0:01:58
14	Gretchen Stangl	Anoka	11	0:19:25	0:03:53	0:02:01
15	Sara Spaulding	Anoka	12	0:19:32	0:03:54	0:02:08
16	Caitlin Polgreen	ERRZ	10	0:19:36	0:03:55	0:02:12
17	Sierra Spagenski	Osseo	9	0:19:43	0:03:57	0:02:19
18	Eleanor Magnuson	ChPk	8	0:19:44	0:03:57	0:02:20
Tie	Erin Saville	MplGr	11	0:19:44	0:03:57	0:02:20
20	Lindsey Schempf	Anoka	12	0:19:52	0:03:58	0:02:28
21	Emily Porter	CnRpd	10	0:19:51	0:03:58	0:02:27
22	Pam Sorenson	Blaine	12	0:19:57	0:03:59	0:02:33
23	Marissa Johnson	ChPk	12	0:20:05	0:04:01	0:02:41
24	Marissa Dahlquist	CnRpd	9	0:20:11	0:04:02	0:02:47
25	Lisa Weidemann	Andvr	10	0:20:18	0:04:04	0:02:54
26	Karyn Liebsch	Osseo	9	0:20:27	0:04:05	0:03:03
27	Nicole Carstensen	MplGr	9	0:20:28	0:04:06	0:03:04
28	Erika Sanborn	MplGr	10	0:20:37	0:04:07	0:03:13
29	Katie Lockrem	CnRpd	12	0:20:40	0:04:08	0:03:16
30	Ashley Koskiniemi	Andvr	11	0:20:49	0:04:10	0:03:25
31	Ana Evenson	Osseo	9	0:20:54	0:04:11	0:03:30
32	Beth Fugina	Andvr	11	0:20:56	0:04:11	0:03:32
33	Nia Jonesz	Andvr	11	0:20:55	0:04:11	0:03:31
34	Jill Vanhavermaet	Blaine	12	0:21:11	0:04:14	0:03:47
35	Alice Kremer	ERRZ	12	0:21:15	0:04:15	0:03:51
36	Amanda Simon	PkCtr	12	0:21:16	0:04:15	0:03:52
37	Eileen Crosby	ERRZ	9	0:21:23	0:04:17	0:03:59
38	Kate Wold	MplGr	10	0:21:26	0:04:17	0:04:02
39	Heather Peterson	Osseo	10	0:21:27	0:04:17	0:04:03
40	Megan Murlowski	MplGr	12	0:21:28	0:04:18	0:04:04
41	Katie Putnam	Andvr	11	0:21:29	0:04:18	0:04:05
42	Britta Lofgren	ERRZ	10	0:21:38	0:04:20	0:04:14
43	Julie Wendt	MplGr	11	0:21:41	0:04:20	0:04:17
44	Andrea Tremaine	Anoka	10	0:21:48	0:04:22	0:04:24
45	Annie Bunio	Anoka	10	0:21:47	0:04:21	0:04:23
46	Mary Palmer	Anoka	11	0:21:52	0:04:22	0:04:28
47	Hannah Sanborn	MplGr	7	0:21:54	0:04:23	0:04:30
48	Sarah Littlefield	PkCtr	9	0:22:02	0:04:24	0:04:38
49	Nicole Dornfeld	Osseo	12	0:22:06	0:04:25	0:04:42
50	Colleen White	ERRZ	9	0:22:09	0:04:26	0:04:45
51	Jennifer Olsen	ChPk	10	0:22:15	0:04:27	0:04:51
52	Chrissy Bruins	Osseo	11	0:22:21	0:04:28	0:04:57
53	Nicole Lepinski	MplGr	11	0:22:24	0:04:29	0:05:00

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

54	Julie Benton	Osseo	12	0:22:28	0:04:30	0:05:04
55	Dana Ostrander	Andvr	10	0:22:38	0:04:32	0:05:14
56	Hayley Gerster	Andvr	7	0:22:45	0:04:33	0:05:21
57	Natalie Morse-Noland	PkCtr	10	0:22:46	0:04:33	0:05:22
58	Laura Lekander	MplGr	12	0:23:05	0:04:37	0:05:41
59	Amy Nelson	Blaine	11	0:23:17	0:04:39	0:05:53
60	Ashley Borgstrom	PkCtr	11	0:23:18	0:04:40	0:05:54
61	Ashley Stoffers	ERRZ	12	0:23:24	0:04:41	0:06:00
62	Kelsey Eberle	MplGr	12	0:23:25	0:04:41	0:06:01
63	Katelynn Spurgin	Andvr	10	0:23:27	0:04:41	0:06:03
64	Jenny Sletten	Osseo	11	0:23:32	0:04:42	0:06:08
65	Erin Murphy	Anoka	10	0:23:36	0:04:43	0:06:12
66	Natalie Prell	ChPk	10	0:23:38	0:04:44	0:06:14
67	Susy Matlon	Anoka	12	0:23:44	0:04:45	0:06:20
68	Jessica Zorawsky	CnRpd	10	0:23:47	0:04:45	0:06:23
69	Katie Sable	MplGr	10	0:23:49	0:04:46	0:06:25
70	Jennea Jerdee	PkCtr	10	0:23:55	0:04:47	0:06:31
71	April Wright	Anoka	12	0:23:54	0:04:47	0:06:30
72	Emily Stitz	Blaine	9	0:23:58	0:04:48	0:06:34
73	Lindsay Dickson	ChPk	12	0:24:06	0:04:49	0:06:42
74	Talbrey Benson-Goupil	CnRpd	8	0:24:15	0:04:51	0:06:51
75	Katie Tade	PkCtr	9	0:24:16	0:04:51	0:06:52
76	Lindsey Carlson	CnRpd	8	0:24:17	0:04:51	0:06:53
77	Cecylia Bocovich	Andvr	8	0:24:24	0:04:53	0:07:00
78	Jessica Anderson	Osseo	11	0:24:27	0:04:53	0:07:03
79	Rachel Wordelman	CnRpd	10	0:24:34	0:04:55	0:07:10
80	Sarah Ames	PkCtr	10	0:24:37	0:04:55	0:07:13
81	Kristina Thompson	Blaine	11	0:25:04	0:05:01	0:07:40
82	Kristin Moriarity	ERRZ	11	0:25:09	0:05:02	0:07:45
83	Frances Schmitz	Blaine	11	0:25:10	0:05:02	0:07:46
84	Lindsay Schmitz	Blaine	11	0:25:22	0:05:04	0:07:58
85	Christine Schroeder	PkCtr	10	0:25:32	0:05:06	0:08:08
86	Veronica Taylor	Blaine	11	0:25:34	0:05:07	0:08:10
87	Maria Nguen-cong	PkCtr	11	0:25:37	0:05:07	0:08:13
88	Brianna Duff	Anoka	8	0:25:38	0:05:08	0:08:14
89	Rachel Hatteberg	Blaine	11	0:25:44	0:05:09	0:08:20
90	Karissa Ollila	ChPk	10	0:26:17	0:05:15	0:08:53
91	Heather Werdien	Blaine	11	0:26:51	0:05:22	0:09:27
92	Kerry Soltis	ERRZ	10	0:27:02	0:05:24	0:09:38
93	Marija Ferber	PkCtr	10	0:27:21	0:05:28	0:09:57
94	Alexa Artmann	ChPk	7	0:27:28	0:05:30	0:10:04
95	Jenny Ampe	PkCtr	9	0:28:11	0:05:38	0:10:47
96	Lesley Lozano	ERRZ	11	0:28:30	0:05:42	0:11:06
97	Jill Traver	Andvr	10	0:28:34	0:05:43	0:11:10
98	Kristen Gangl	PkCtr	11	0:30:39	0:06:08	0:13:15
99	Megan White	ERRZ	7	0:32:13	0:06:27	0:14:49
	Hannah Miller	Andvr	8	DNF		
	Laura Wilson	ChPk	9	DNF		
	Kaitlin Lindsey	ChPk	12	DNS		
	Hannah Bolt	ChPk	12	DNS		
	Gemma Chubiz	Blaine	10	DNS		
	Sarah Herschberger	Blaine	11	DNF		

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

Girls Junior Varsity Classic						
Distance 5 Km					Average Min / Km	Behind Leader
Place	Name	School	Grade	Total		
1	Erin Baumgart	Osseo	11	0:27:30	0:05:30	0:00:00
2	Alison DeGuise	Anoka	11	0:28:10	0:05:38	0:00:40
3	Anne Krueger	Osseo	9	0:29:30	0:05:54	0:02:00
4	Nicole Rassier	Osseo	12	0:30:06	0:06:01	0:02:36
5	Andrea Coyne	CnRpd	9	0:30:07	0:06:01	0:02:37
6	Raechel Kok	Anoka	9	0:30:08	0:06:02	0:02:38
7	Krista Carlson	Anoka	10	0:33:19	0:06:40	0:05:49
8	Chrissy Nicholson	Osseo	11	0:34:03	0:06:49	0:06:33
9	Emily Maclean	Anoka	11	0:34:20	0:06:52	0:06:50
10	Jenna Peters	Anoka	12	0:34:21	0:06:52	0:06:51
11	Samantha Pribula	Osseo	10	0:34:53	0:06:59	0:07:23
12	Brittney Sundgaard	CnRpd	8	0:35:10	0:07:02	0:07:40
13	Kassie Hedstrom	Anoka	9	0:37:30	0:07:30	0:10:00
14	Christi Cater	Anoka	10	0:40:50	0:08:10	0:13:20

Girls Junior Varsity Freestyle (Skate)						
Distance 5 Km					Average Min / Km	Behind Leader
Place	Name	School	Grade	Total		
1	Sarah Powell	MplGr	9	0:22:46	0:04:33	0:00:00
2	Emily Anderson	Anoka	12	0:22:50	0:04:34	0:00:04
3	Molly Ganley	Osseo	9	0:25:05	0:05:01	0:02:19
4	Jocelyn Anderson	CnRpd	9	0:25:37	0:05:07	0:02:51
5	Kelsey Eder	Osseq	7	0:26:04	0:05:13	0:03:18
6	Lindsey Spaude	MplGr	10	0:26:06	0:05:13	0:03:20
7	Rebekah Kok	Anoka	11	0:26:10	0:05:14	0:03:24
8	Jenny Beckman	MplGr	9	0:26:31	0:05:18	0:03:45
9	Lauren Coss	MplGr	12	0:26:57	0:05:23	0:04:11
10	Sarah Goergen	Osseo	7	0:27:30	0:05:30	0:04:44
11	Tahlia Luedtke	Anoka	10	0:27:54	0:05:35	0:05:08
12	Grace Melander	CnRpd	9	0:28:07	0:05:37	0:05:21
13	Holly Powell	MplGr	9	0:28:41	0:05:44	0:05:55
14	Mary Wold	MplGr	8	0:28:52	0:05:46	0:06:06
15	Jenny Lahr	MplGr	12	0:29:08	0:05:50	0:06:22
16	Callan Young	MplGr	9	0:29:10	0:05:50	0:06:24
17	Rachel Riesgraf	MplGr	10	0:29:15	0:05:51	0:06:29
18	Beth Blankenheim	MplGr	10	0:29:19	0:05:52	0:06:33
19	Kate Sidlow	Osseo	10	0:29:35	0:05:55	0:06:49
20	Alexa Frear	Osseo	7	0:29:38	0:05:56	0:06:52
21	Erin Kelley	Anoka	8	0:29:42	0:05:56	0:06:56
22	Brienna Nelson	CnRpd	8	0:29:51	0:05:58	0:07:05
23	Katie Allyn	MplGr	10	0:31:04	0:06:13	0:08:18
24	Deanna Broughton	Anoka	11	0:31:56	0:06:23	0:09:10
25	Laura Peters	Anoka	7	0:32:08	0:06:26	0:09:22
26	Karli Dahl	Osseo	7	0:32:08	0:06:26	0:09:22
27	Anne Krohmer	CnRpd	10	0:32:25	0:06:29	0:09:39
28	McKenna Jandrey	Osseo	11	0:32:30	0:06:30	0:09:44
29	Katie Boline	Anoka	10	0:33:22	0:06:40	0:10:36
30	Chelsea Adney	MplGr	10	0:33:28	0:06:42	0:10:42
31	Nora Krook	MplGr	9	0:34:17	0:06:51	0:11:31
32	Carrie Spillers	MplGr	10	0:34:19	0:06:52	0:11:33
33	Megan McGough	Osseo	7	0:35:36	0:07:07	0:12:50
34	Jenny Helmeke	MplGr	12	0:36:53	0:07:23	0:14:07
35	Sarah Dornfeld	Osseo	7	0:37:01	0:07:24	0:14:15

**Northwest Suburban Conference Nordic Ski Championships
Held 26 January 2004 at Elm Creek Park in Maple Grove**

Girls All-Conference Honors	School	Grade
Sarah Nelson	ChPk	12
Lisa Waananen	MplGr	12
Christi Nowak	ERRZ	10
Lindsay Erickson	Anoka	12
Maddie Peck	CnRpd	12
Kristine Dahlheimer	Anoka	10
Brianna McGill	Osseo	12
Dana Volk	ERRZ	12
Emily Dubay	CnRpd	12
Pam Sorenson	Blaine	12
Erin Saville	MplGr	11
Gretchen Stangl	Anoka	11
Kristin Kennedy	CnRpd	9
Eleanor Magnuson	ChPk	8
Kate Reins	Osseo	9
Lisa Weidemann	Andvr	10
Stefanie Prell	ChPk	12
Sierra Spagenski	Osseo	9
Marissa Dahlquist	CnRpd	9
Lindsey Schempf	Anoka	12
Brittney Olson	Osseo	12
Sarah Spalding	Anoka	12
Caitlin Polgren	ERRZ	10
Emily Porter	CnRpd	10
Kate Wold	MplGr	10
Kaitlin Lindsey	ChPk	12
Jill Vanhavermaet	Blaine	12